

# STRENGTHEN AND GROW YOUR MINISTRY

## LCEF MINISTRY MOMENTS VIDEO SERIES

### **Wellness in the New Year #1 – Vacation**

Rev. Billy Brath

LCEF Vice President Ministry Solutions

Over 50% of people don't use all of their vacation, and those who do often don't take restful, relaxing vacations.

#### **How to make the most of your vacation time?**

**1. Talk with leaders**

- Discuss your vacation with leaders and elders.
- Ask for support for you and other church leaders in taking vacation time.
- Allow them to hold you accountable in respecting your vacation and disconnecting from work.

**2. Plan for coverage**

- Work with your district and circuit to plan for coverage during your time off.
- Make plans well ahead of your vacation.
- Plan coverage for worship and pastoral care.

**3. Schedule vacation and stick to it**

- Do not allow changes in plans to cancel your time off altogether.
- Ensure you take your vacation no matter what.

**4. Take blocks of time away**

- To get truly restful time away, you need more than a long weekend.

**5. When you are on vacation, be on vacation!**

- Don't do any work on your vacation. Others can continue the Lord's work until you return.
- Use the time to truly get away.