

# STRENGTHEN AND GROW YOUR MINISTRY

## LCEF MINISTRY MOMENTS VIDEO SERIES

### **Pastoral Support Teams** Rev. Eric Kennaugh LCEF Vice President Ministry Solutions

65% of pastors reported being lonely and isolated in a recent survey, despite being surrounded by people who appreciate them.

#### **How to better support your pastor?**

##### **1. Reasons for feelings of loneliness**

- A pastor is expected to be a role model and a strong leader.
- Pastors struggle with friendships in the church because they need to maintain a level of professional distance in order to effectively minister to church members.
- Pastors may feel like imposters because their personal lives are not as perfect as the lives they present to the church.
- Pastors may hide their struggles because they hold themselves to a higher standard.

##### **2. Pastoral support team members**

- Mature members with diverse skill sets who can be resources to the pastor
- Someone with financial knowledge
- Someone with a passion for prayer
- An elder statesman with a strong marriage
- Another pastor

##### **3. Duties of pastoral support team**

- Be vocal advocates.
- Ensure financial care.
- Support spiritually.
- Stand up for the pastor.